



MASURIAN GROATS WITH VEGETABLES AND SAUSAGE

INGREDIENTS:

1 piece Sokolow Kociwie pantry sausage
1 onion
200 g Masurian groats
butter
olive oil
1 tomato
1 courgette
1 red onion
salt, pepper

PREPARATION:

1. Chop the onion and fry in butter with olive oil.
Add groats and fry together for a while.
Then season well with salt and pepper and pour water. Cook until groats has a textures of porridge.
At the end add a lot of oil and butter.
2. Fry a piece of sausage in a pan. Use the same pan to lightly fry vegetables chopped into large pieces. Serve groats with vegetables and sausage.