

BLACK PUDDING WITH BUCKWHEAT



The king of the barbecue season in a plant-based version. The buckwheat base is perfectly accentuated by a pinch of pepper and marjoram, while the addition of the casing when toasted gives the pudding just the right amount of crunch.

Product advantages:

- source of protein
- source of fibre
- gluten-free
- no added preservatives

NUTRITIONAL VALUE PER 100 G:

energy	203 kcal
fat	12 g
sugar	3 g
saturated fatty acids	1.4 g
protein	6 g
carbohydrates	16 g
salt	2 g