

BLACK PUDDING WITH GROATS



A product made from giblets, with pieces of liver visible in the cross section. It has a distinctive, slightly spicy taste. Excellent to be eaten hot (barbecue, pan, water), but can also recommended cold.

Packaging: MAP approx. 1.0 kg

NUTRITIONAL VALUE PER 100 G OF PRODUCT:

energy	209 kcal
fat	14 g
including saturated fatty acids	4.9 g
carbohydrates	8.8 g
including sugars	< 0.5 g
protein	12 g
salt	1.9 g