

## BLACK PUDDING WITH GROATS



A product made from giblets, with pieces of liver visible in the cross section. It has a distinctive, slightly spicy taste. Excellent to be eaten hot (barbecue, pan, water), but can also recommended cold.

Packaging: MAP approx. 1.0 kg

### NUTRITIONAL VALUE PER 100 G:

<b>energy</b>	<b>209 kcal</b>
<b>fat</b>	<b>14 g</b>
<b>sugar</b>	<b>&lt; 0.5 g</b>
<b>saturated fatty acids</b>	<b>4.9 g</b>
<b>protein</b>	<b>12 g</b>
<b>carbohydrates</b>	<b>8.8 g</b>
<b>salt</b>	<b>1.9 g</b>