



## CANNED HAM

It is a very popular canned meat, packed in a characteristic can, the so called "mandolin". It's characterised by delicate taste, highlighted with a little bit of aromatic jelly.

Packaging: can 455 g

## NUTRITIONAL VALUE PER 100 G:

<b>energy</b>	<b>99 kcal</b>
<b>fat</b>	<b>4 g</b>
<b>sugar</b>	<b>0.6 g</b>
<b>saturated fatty acids</b>	<b>1.6 g</b>
<b>protein</b>	<b>15 g</b>
<b>carbohydrates</b>	<b>0.6 g</b>
<b>salt</b>	<b>2.8 g</b>