

CHILI CON CARNE WITH RICE



Chili con carne is a traditional Texan dish. The dish is seasoned with cumin and pepper, giving it a unique aroma and distinctive flavour. The white rice complements the dish perfectly and makes an ideal for a quick and nutrient-rich meal. Just microwave it for 3 minutes and it's ready! Contains no preservatives, artificial colourings, flavour enhancers, or phosphates. Packaging: tray 360 g

NUTRITIONAL VALUE PER 100 G:

energy	112 kcal
fat	3.1 g
sugar	2.2 g
saturated fatty acids	1 g
protein	5.2 g
carbohydrates	15 g
salt	1 g