



## CHRISTMAS HAM

Some dishes and products accompany mankind since the oldest times and it's hard to imagine our lives without them. Ham played a great role in all kinds of family events and holiday feasts since ancient times. It's also an essential part of the Polish tradition and culinary culture. Reaching to this tradition, Sokołów has prepared the Christmas Ham. It's made from the highest quality pork ham. With this product, all you need to do to get a tasty, elegant dish is to unpack it and put it in an oven. Before baking, you can also sprinkle it with a special blend of spices provided with the packaging. Christmas Ham is a pork ham in own gravy, scalded, non-smoked, with a fat and skin layer on the top side, in a non-edible casing. With added water. **Christmas Ham is a product that is an absolute must-have on the Polish table.**

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## NUTRITIONAL VALUE PER 100 G:

<b>energy</b>	<b>173 kcal</b>
<b>fat</b>	<b>11 g</b>
<b>sugar</b>	<b>1.3 g</b>
<b>saturated fatty acids</b>	<b>4.2 g</b>
<b>protein</b>	<b>16 g</b>
<b>carbohydrates</b>	<b>2.4 g</b>
<b>salt</b>	<b>1.6 g</b>