

HAM FROM A PODLASIE SMOKEHOUSE



Pork ham, scalded, smoked. Delicate flavour with natural aromatic spices. Juicy and tender with a delicate fat cover. 108 g of ham meat was used to make 100 g of product. No added phosphates or monosodium glutamate.

Packaging: VAC approx. 2 kg

NUTRITIONAL VALUE PER 100 G OF PRODUCT:

energy	140 kcal
fat	5.5 g
including saturated fatty acids	2.2 g
carbohydrates	0.6 g
including sugars	0.6 g
protein	22 g
salt	2 g