

HAM WITH THE LEAF



A superb steamed smoked pork ham, made with traditional meat specialities lovers in mind. The unique flavour of the ham is attributable to an exquisite blend of seasonings, of which bay leaf stands out, giving it a spicy aroma. Ham is perfect as an ingredient of sandwiches, blending perfectly with fresh vegetables and pickles. It can also be added to salads or used to prepare finger foods, which will make a perfect snack at a family party.

NUTRITIONAL VALUE PER 100 G:

energy	127 kcal
fat	6 g
sugar	< 0.5 g
saturated fatty acids	2.2 g
protein	17 g
carbohydrates	1.2 g
salt	2.1 g