



ITALIAN HAM



Pork ham, scalded, not smoked, characterised by exceptional tenderness and juiciness. The cold cut is characterised by its high meatiness (102 g of pork was used to make 100 g of product) and low fat content. Does not contain phosphates. Due to its delicate taste, this ham is recommended for children and elderly people. It has an universal application in the kitchen. It is great for preparing sandwiches and salads. It will also work great as a base for stuffed rolls and other snacks for a home party.

Packaging: MAP 140 g

NUTRITIONAL VALUE PER 100 G:

energy	133 kcal
fat	5.7 g
sugar	< 0.5 g
saturated fatty acids	2.2 g
protein	19 g
carbohydrates	1.1 g
salt	2 g