

SLOW COOKED BEEF CHEEKS



Slow cooked beef is the perfect choice for a family dinner or an evening meeting with friends. It will appeal to every meat tradition aficionado. Even a novice cook can prepare it. Just heat the meat in a pot with water or in the oven. Potatoes or bread will be a perfect addition to the dish. Beef cheeks may also be served as an addition in other dishes, for example salads or sandwiches. Packaging: vacuum packed.

NUTRITIONAL VALUE PER 100 G:

energy	121 kcal
fat	4 g
sugar	0 g
saturated fatty acids	2 g
protein	21 g
carbohydrates	0 g
salt	1 g