





SLOW COOKED BEEF CHEEKS

Slow cooked beef is the perfect choice for a family dinner or an evening meeting with friends. It will appeal to every meat tradition aficionado. Even a novice cook can prepare it. Just heat the meat in a pot with water or in the oven. Potatoes or bread will be a prefect addition to the dish. Beef cheeks may also be served as an addition in other dishes, for example salads or sandwiches. Packaging: vacuum packed.

NUTRITIONAL VALUE PER 100 G OF PRODUCT:

energy	121 kcal
fat	4 <u>é</u>
including saturated fatty acids	2 <u>é</u>
carbohydrates	0 <u>é</u>
including sugars	0 <u>é</u>
protein	21 ģ
salt	1 <u>é</u>