

SLOW COOKED BEEF STEW WITH DATES



Slow cooked beef with dates, onions, ginger, and chilli is a dish that will appeal to fans of Oriental meat dishes. This appetising, filling stew was created for people who want to chase away boredom from the kitchen. The dish is a great choice for a family dinner or an evening meeting with friends - it will surely provide many tasty culinary experiences, remaining in the memory of the guests for a long time.
Packaging: vacuum packed.

NUTRITIONAL VALUE PER 100 G OF PRODUCT:

energy	121 kcal
fat	2.6 g
including saturated fatty acids	1.2 g
carbohydrates	6 g
including sugars	5.1 g
protein	18 g
salt	0.6 g