



SOKOŁÓW TENDER BOILED SMOKED HAM



Pork ham, scalded, smoked, without the addition of phosphates and monosodium glutamate. It is characterised by its excellent taste and high meat content (100 g of finished product was prepared using 100 g of pork ham). It is perfect as an addition to sandwiches and as a starter, e.g. in the form of stuffed rolls. It can also form part of a cold plate served at a house party. The packaging contains 4 slices of ham. The product is packed in a protective atmosphere.

NUTRITIONAL VALUE PER 100 G OF PRODUCT:

energy	129 kcal
fat	8 g
including saturated fatty acids	3.2 g
carbohydrates	0.8 g
including sugars	0.6 g
protein	18 g
salt	2.5 g