



## STUFFED VEGETABLE ROULADES IN TOMATO SAUCE WITH RICE

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Roulades are one of the most popular Polish dishes. Their vegan version with a vegetable filling full of natural fibre goes well with rice and a flavoursome tomato sauce, making a nutritious and wholesome dish for everyone. Sterilised product.

## Advantages of the product:

- low in saturated fat
- 100% natural ingredients
- no preservatives
- gluten-free

## **NUTRITIONAL VALUE PER 100 G:**

energy	144 kcal
fat	5.7 <u>é</u>
sugar	4.3 <u>é</u>
saturated fatty acids	1 <b>ģ</b>
protein	6.1 <u>é</u>
carbohydrates	16 ģ
salt	1.8 ģ