



BARLEY SAUSAGES WITH SALAD

INGREDIENTS:

Salad:

1 packaging Z Gruntu Dobre barley sausages
1 packaging rocket
100 g blueberries
handful raspberries
1 cucumber
1 avocado
few sprigs mint
handful hazelnuts
50 g vegan feta cheese (optional)

Sauce:

2 tablespoons lime juice 1 tablespoon maple syrup 100 ml olive oil salt, pepper

frying oil

PREPARATION:

- 1. Fry the sausages until golden brown in a frying pan with a little oil or bake on the grill.
- 2. Mix the sauce ingredients with a whisk, season to taste with salt and pepper.
- 3. Peel the avocado and cucumber and cut into thin slices.
- 4. Fry hazelnuts on a dry pan.
- 5. On a large plate, spread rocket, cucumber slices, add blueberries, raspberries, and mint leaves, sprinkle with nuts and crumbled feta pour sauce over all. Serve with sausages.