

BLACK PUDDING WITH CINNAMON ON ROWANBERRIES AND GRATED POTATOES

INGREDIENTS:

1.25 kg black pudding 50 ml high quality cognac 1/2 teaspoon cinnamon powder 1.5 kg pork caul 1 tablespoon French mustard 500 g apples 200 g frozen rowanberries 100 g sugar 1/2 bottle dry white wine 1.5 kg potatoes 2 parsnip roots 200 g butter 50 ml cream 36% 200 ml normal or double pasteurised cream 36% 1/2 bunch parsley 1 pinch nutmeg 10 pieces pickled radish (radish marinade: 1 l water, 2 tablespoons salt, pinch of pepper, 4 cloves garlic) 50 ml wine vinegar

PREPARATION:

- 1. Wash apples, then put them in an oven preheated to 150 °C and bake for approx. 20 minutes. Cut parsnip along length and put in the oven. Remove black pudding from casing, put in a large dish and add cognac, cinnamon, nutmeg, and salt and pepper. Mix thoroughly. Boil peeled potatoes in salted water.
- 2. Soak pork caul, then spread it on a cutting board, put black pudding on it (approx. 100 g) and roll, forming a sausage. Heat lard on a wide pan and fry the sausage until golden brown, then put in an oven and bake for approx. 20 minutes.
- 3. Boiled and thoroughly cooled down potatoes mix with skinless, baked apples and grate on a



BLACK PUDDING WITH CINNAMON ON ROWANBERRIES AND GRATED POTATOES

vegetable grater, then mix with warm butter, cream and French mustard. In a saucepan caramelise sugar, pour wine, bring to boil and add rowanberries.

SOKOŁÓW