



PEPPER CREAM WITH BEEF AND PLUMS

INGREDIENTS:

6 large colour peppers
1 red onion
1/2 teaspoon cinnamon
15 large plums
1 tablespoon coconut oil
2 tablespoons cane sugar
1 tablespoon tomato purée
500 g Sokołów minced beef
1 tablespoon olive oil
1/2 teaspoon paprika
1/2 teaspoon smoked paprika
salt, pepper
2-3 l broth
parsley leaves for decoration

PREPARATION:

- 1. Wash the peppers, remove the core and dice. Peel and finely chop the onion. Boil the broth. Add the peppers, onions and tomato paste, cover and boil for 10-15 minutes. Mix until the texture resembles a smooth cream. Season with salt and pepper to taste. Press the soup through a sieve to get rid of the skins.
- 2. Cut the plums in half and remove the seeds. Heat coconut oil in a saucepan. Add cane sugar with cinnamon and heat for a while. Add plums and simmer for about 15 minutes, stirring constantly.
- 3. Heat olive oil in a pan. Add minced meat and both types of paprika. When the meat is almost done, season it to taste with salt and pepper.
- 4. Pour pepper cream into bowls. Add meat and caramelized plums. Garnish with parsley before serving.