



SPRING VEGETABLE SALAD WITH PASTA

INGREDIENTS:

70 g "Z Gruntu Dobre" vegetable paste with chickpeas
1 large handful corn salad
1 cup wholegrain pasta
2 tablespoons grapeseed oil
6 whole green asparagus or 12 heads
2 cucumbers
10 cherry tomatoes
2 tablespoons canned corn
salt

PREPARATION:

1. Prepare pasta following instructions on the packaging. Remove hard ends from asparagus, boil in salted water for 5 minutes, then pour cold water over them and cut into halves. Cut the tomatoes in halves and the cucumbers in half-slices.
2. Drizzle the pasta with half the oil, then mix thoroughly with the chickpea vegetable paste. On a serving platter, alternate the oil-drenched lamb's lettuce, pasta with vegetable paste, sliced tomatoes, asparagus and cucumber, and drained corn.