



INGREDIENTS:

Sałatka:

SOKOŁÓW

1 handful rocket2 Naturrino white sausages10 plum tomatoes1 peach1/2 cup walnuts

Dressing:

3-4 tablespoons linseed oil
1 clove garlic crushed in a press (optional)
1 tablespoon apple vinegar
1 level teaspoon honey
1 flat teaspoon hot mustard
Himalayan salt, freshly ground pepper

PREPARATION:

- 1. Mix dressing ingredients until the sauce is homogeneous.
- 2. Cut white sausages into slices 5 mm thick, then put on a hot pan and fry, stirring occasionally, until nicely golden brown.
- 3. Cut tomatoes into halves. Clean the peach, remove the seed and cut it into smaller pieces. Divide walnuts into smaller pieces.
- 4. On a platter put alternately all the salad ingredients, then pour the dressing.